





CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.


OPPORTUNITIES




Mental Health Awareness Week 2024 will take place from 13 to 19 May, on the theme of "Movement: Moving more for our mental health". One of the most important things you can do to help protect your mental health is regular movement. Moving more can increase your energy, reduce stress and anxiety, and boost your self-esteem. If you'd like to improve your mental health by moving more, read the Mental Health Foundation's tips to help you get started.



Considering working in mental health? This programme will help lay the foundations for your understanding of the world of healthcare positions. You'll explore the different careers available and learn more about the variety of opportunities available to you. The programme is on demand so you can do it any time.



Dive into the realm of fashion with this virtual work experience program, presented by Springpod. Tailored for those aspiring for a career in fashion, this program provides an immersive experience within the industry. Explore diverse careers, from designing and styling to the crucial roles of marketing and communications. Engage in captivating workplace projects that reveal the intricate facets of the fashion world. Discover various entry points into each role and solidify your knowledge through quizzes and entertaining activities. Conclude the program by curating a downloadable portfolio showcasing your work. Unlock the doors to the dynamic and ever-evolving world of fashion careers.



From High School to Uni is an A-Z guide to help students (and helpful parents) navigate the confusing path to a new life on campus – where to start, how to plan and get organised, what to pack, what NOT to pack, and other advice such as opening a bank account, renting accommodation, shopping and food prep – every aspect of student life is covered in this easy to read guide book.

JOB OF THE WEEK



This week's video focuses on the job role of a Climate Change Analyst. They evaluate scientific data and research about the climate. The climate data often includes information about atmospheric temperature, ocean conditions, ice masses, and greenhouse gases.

Watch the video to learn more.

LABOUR MARKET INFORMATION FACT

The countries with the highest rates of employment are Iceland, Netherlands, Switzerland, New Zealand and Japan.

The UK rank 14th across the world for % of people employed.

If you could live and work anywhere in the world, where would it be?

Source 1 / Source 2

If you have any questions or need support, please email careers@hurstmere.org.uk



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Wondering what comes next after acing your A-levels or finishing 6th form? We've got you covered with expert insights and tips on navigating your options after year 13. Whether you're pondering post A-level options, exploring post 18 education choices, or seeking clarity on what to do after college, this video will help you make an informed decision. Explore the all of the post 18 options UK has to offer, from general post 18 option choices to post 18 education options, unlock your potential for success. Whether you're considering what are my choices after year 13 or delving into post 18 options UK-wide, we're here to guide you every step of the way.

World Earth Day took place on 22nd April 2024. Speaker for Schools ran a webinar Justin Placide, Head of Net Zero Governance about raising awareness about environmental conservation and sustainable living practices. Interested in learning more about climate change, renewable energy, or the fate of the planet? Then this recording will be of interest to you.

Did you know there are loads of careers out there centred around video games? Dive into the world of Competitive Gaming (Esports), during an insightful Industry Spotlight with British Esports Community Manager, Emma "Emz!!" Rose. Hear Emma's career journey so far, learn more about the industry, how diverse it is, and the different career pathways the industry offers. Alongside how she tackles online abuse, mental health, and creating a positive environment for everyone.

In this Industry Spotlight, we will be talking to Richard Wasson, Community Safety Lead at the UK Coastguard where we'll hear about Richard's career journey so far, who the UK Coastguard are and what they do plus, the possible pathways you can take to get into this field.

If you have any questions or need support, please email careers@hirstmere.org.uk

EMPLOYER SPOTLIGHT

"Timson is a true equal opportunities employer with a simple and transparent recruitment model- we look for great personalities! We will consider anyone and everyone for a role within our business, regardless of their background or history. We don't expect you to know how to cut a key or repair a pair of shoes when you join us." You can read more about their careers [here](#).

UNI SPOTLIGHT

"Start your journey of self-discovery at Newcastle. Be inspired to think differently, empowered to challenge the things around you, and gain the confidence to push boundaries. At Newcastle, you'll get a world-class education, and leave as a highly desirable graduate prepared for your career." You can read more about Newcastle University's courses [here](#).