

Physical Education

AQA GCSE PE



GCSE PE

■ Course structure

- 60% exam
- 40% practical
- 5 lessons a fortnight

4 theory lessons and 1 practical lesson



GCSE PE

Exam element 30%

Paper 1: The Human Body and Movement in Physical Activity and Sport

What is assessed

- Applied Anatomy and Physiology
- Movement Analysis
- Physical Training
- Use of data.

How it is assessed

- Written exam: 1 hour 15 minutes
- 78 marks • 30% of GCSE.

Questions

- a mixture of multiple choice/objective test questions, short answer questions and extended answer questions.



GCSE PE

Exam element 30%

Paper 2: Socio-cultural Influences and Wellbeing in Physical Activity and Sport

What is assessed

- Sports Psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data.

How it is assessed

- Written exam: 1 hour 15 minutes
- 78 marks • 30% of GCSE.

Questions

- a mixture of multiple choice/objective test questions, short answer questions and extended answer questions.



GCSE PE

Non-Examination Assessment 40%

What is assessed

- practical performance in three different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity)
- analysis and evaluation of performance to bring about improvement in one activity.

How it is assessed

- assessed by teachers
- moderated by AQA
- 100 marks
- 40% of GCSE.

Questions

- for each of their three activities, pupils will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity)
- pupils will be assessed on their analysis (15 marks) and evaluation (10 marks) of performance to bring about improvement in one activity.

Sports list

GCSE PE

Individual sports		
Amateur boxing	Figure Skating	Squash
Athletics	Golf	Swimming
Badminton	Gymnastics	Table Tennis
Canoeing/kayaking (slalom) or (sprint)	Rock Climbing	Tennis
Cycling	Sailing	Trampolining
Dance	Sculling	Windsurfing
Diving	Skiing	
Equestrian	Snowboarding	



AQA GCSE PE Sports List

Team sports		
Acrobatic Gymnastics	Gaelic Football	Rugby union
Association Football	Handball	Sailing
Badminton	Hockey	Sculling
Basketball	Hurling	Squash
Camogie	Ice hockey	Table Tennis
Cricket	Lacrosse	Tennis
Dance	Netball	Volleyball
Figure Skating	Rowing	Water polo
Futsal	Rugby league	

Individual sports		
Amateur boxing	Figure Skating	Squash
Athletics	Golf	Swimming
Badminton	Gymnastics	Table Tennis
Canoeing/kayaking (slalom) or (sprint)	Rock Climbing	Tennis
Cycling	Sailing	Trampolining
Dance	Sculling	Windsurfing
Diving	Skiing	
Equestrian	Snowboarding	



GCSE PE

- If you have any further questions please email j.eiffert@hurstmere.org.uk